

ALPINE SKI



ALPINE ONTARIO™
Road to Success



ALPINE CANADA ALPIN

The Ontario Physical Education Safety Guideline for Alpine Skiing – Secondary Interschool

<http://safety.ophea.net/safety-plan/165/1393>

Supervision Coaching Qualifications effective September 1, 2016:

Head coach must demonstrate knowledge of sport, skills and strategies to principal or designate.

At least one alpine skiing coach must possess **one of the following** coaching qualifications:

- **NCCP Instruction Coach – Entry Level Course**
- **NCCP Competition – Development Level Course**
- Completion of alpine skiing NCCP level 1 and/or level 2 certification in the past.
- Accreditation as a NCCP Alpine Skiing Learning Facilitator
- Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Education Safety Guidelines.
- Past experience within the last 3 years as a coach in alpine skiing having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Education Safety Guidelines.

How to access the NCCP Courses for Alpine Ski:

<p>NCCP Instruction Coach - Entry Level Course Register here: http://www.canskicoach.org/en/</p> <p>Cost: ~\$375 Contact: Robyn Skinner - admin@alpineontario.ca, Brad Lashley lashley@alpineontario.ca</p>	<p>This 3-day course will give you the basics to start coaching entry-level children or to pursue higher levels of coaching certification. Training in free skiing and gate drills for slalom and giant slalom will be covered, as well as learning to plan training sessions, identifying the basics of ethical decision making, and safety considerations. Candidates will also learn the basics of the Snow Stars program. *Please note there is an online ePrep module that must be completed prior to taking this course.</p>
OR	
<p>NCCP Competition - Development Level Course Register here : http://www.canskicoach.org/en/services/register-for-events/register-for-courses</p> <p>Cost: ~\$625 Contact: Robyn Skinner - admin@alpineontario.ca, Brad Lashley lashley@alpineontario.ca</p>	<p>This 5-day course is an intro to coaching at the “Learn to Train” and “Learn to Race” levels of development and includes slalom and giant slalom basics for K1 and K2 athletes. You will learn strategies that utilize drills and exercises to bring desired skill acquisition in free skiing and gates as well as setting principles in slalom and giant slalom courses - modified for this age group. Teaching and learning principles and safety considerations are also covered. *Please note there is an online ePrep module that must be completed prior to taking this course.</p>

FUNDING OPPORTUNITIES

- Grants are available to pay a portion of NCCP courses through the Quest for Gold Coach Bursary program. <https://www.coachesontario.ca/q4g/bursary-program/> or email q4g@coachesontario.ca
- Host your own course - Apply for Investors Group Coaching Grants to pay for a NCCP workshop at your school or board. <http://www.coach.ca/investors-group-community-coaching-conferences-s12763>

Useful Links:

Need more information? Email guidelines@coachesontario.ca to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Alpine Ontario <http://www.alpineontario.ca/Community/Coaching/BecomeaCoach.aspx>
- Alpine Canada <http://www.canskicoach.org/en/>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- OFSAA <http://www.ofsaa.on.ca/>
- Coaching Association of Canada <http://coach.ca/>
- Ontario Physical Education Safety Guidelines <http://safety.ophea.net>