

## LACROSSE – BOX/FIELD



### The Ontario Physical Education Safety Guideline for Lacrosse Box/Field – Secondary Interschool

<http://safety.ophea.net/safety-plan/165/1406>

#### Supervision Coaching Qualifications effective September 1, 2016:

Head coach must demonstrate knowledge of game, skills and strategies to principal or designate.

**At least one lacrosse coach** must possess **one of the following** coaching qualifications:

- NCCP Community Sport Coach – Community Coach Initiation Course
- NCCP Community Sport Coach – Community Coach Development Course
- NCCP Competition Coach – Competition Introduction Course
- Accreditation as a NCCP Lacrosse Learning Facilitator
- Completion of lacrosse NCCP level 1 and/or level 2 certification in the past
- Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Education Safety Guidelines.
- Past experience within the last 3 years as a coach in lacrosse, having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Education Safety Guidelines.

#### How to access the NCCP Courses for Lacrosse:

##### NCCP Community Sport Coach – Community Coach Initiation Course

Register here:

[http://ontariolacrosse.com/content/pdf/ola\\_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf](http://ontariolacrosse.com/content/pdf/ola_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf)

Cost: varies Contact: Chris Driscoll [chris@ontariolacrosse.com](mailto:chris@ontariolacrosse.com) or Rick Phillips [phillips3140@rogers.com](mailto:phillips3140@rogers.com)

Give yourself the confidence and tools necessary to coach lacrosse at the community sport level with skills like how to plan a practice, how best to support your athletes during training, and how to make ethical decisions.

##### NCCP Community Sport Coach – Community Coach Development Course

Register here :

[http://ontariolacrosse.com/content/pdf/ola\\_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf](http://ontariolacrosse.com/content/pdf/ola_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf)

Cost: ~\$175 Contact: Chris Driscoll [chris@ontariolacrosse.com](mailto:chris@ontariolacrosse.com) or Rick Phillips [phillips3140@rogers.com](mailto:phillips3140@rogers.com)

Learn how best to meet the needs of your community sport athletes by planning age-appropriate practices, making ethical decisions, and by offering the right kind of support as they train and compete.

##### NCCP Competition Coach – Competition Introduction Course

Register here :

[http://ontariolacrosse.com/content/pdf/ola\\_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf](http://ontariolacrosse.com/content/pdf/ola_form/2016%20OLA%20Coaching%20Clinic%20Dates.pdf)

Cost: ~\$225-\$350 Contact: Chris Driscoll [chris@ontariolacrosse.com](mailto:chris@ontariolacrosse.com) or Rick Phillips [phillips3140@rogers.com](mailto:phillips3140@rogers.com)

Learn how to teach your athletes the key principles behind a team's offence and defense and introduce them to the concept of special team play. This workshop will give you the knowledge and techniques to motivate players to increase their levels of concentration, intensity, and commitment; and help them prepare mentally and technically for a higher level of play.

#### FUNDING OPPORTUNITIES

- Grants are available to pay a portion of NCCP courses through the Quest for Gold Coach Bursary program. <https://www.coachesontario.ca/q4g/bursary-program/> or email [q4g@coachesontario.ca](mailto:q4g@coachesontario.ca)
- Host your own course - Apply for Investors Group Coaching Grants to pay for a NCCP workshop at your school or board. <http://www.coach.ca/investors-group-community-coaching-conferences-s12763>

#### Useful Links:

Need more information? Email [guidelines@coachesontario.ca](mailto:guidelines@coachesontario.ca) to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Ontario Lacrosse <http://ontariolacrosse.com/page/coaching>
- Canadian Lacrosse <http://cla.pointstreaksites.com/view/cla/nccp-training>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- OFSAA <http://www.ofsaa.on.ca/>
- Coaching Association of Canada <http://coach.ca/>
- Ontario Physical Education Safety Guidelines <http://safety.ophea.net>

