

## **APPENDIX V**

### **BLOOD AND BODILY FLUIDS POLICY**

- Use impermeable gloves if blood or body fluids containing visible blood are anticipated.
- Stop the bleeding, cover the wound and change the uniform if contaminated with excessive amounts of blood.
- Wash hands and skin after contact with blood.
- Clean any surfaces or equipment with appropriate disinfectant and clean clothes or skin with soap and water or an appropriate antiseptic.
- Use proper disposal procedures for equipment and contaminated clothing.
- Use a ventilation device for emergency resuscitation.
- No direct contact patient care if you have an open skin condition.
- Dispose of disinfected clothes and/or towels.
- Follow accepted guidelines for control of bleeding and for any body fluids containing visible blood.
- Encourage all participants to use individual water bottles.
- For additional information, refer to sport specific rules.