

## RUGBY



### The Ontario Physical Education Safety Guideline for Rugby – Secondary Interschool

<http://safety.ophea.net/safety-plan/165/1410>

#### Supervision Coaching Qualifications:

Head coach must demonstrate knowledge of sport, skills and strategies to principal or designate.

**As of September 1, 2019**, one coach must have a minimum certification of NCCP Community Sport Coach – Community Initiation/World Rugby Level 1. This coach must supervise all the contact drills and all the competitions.

At least one *rugby* coach must possess one of the following coaching qualifications:

- **NCCP Community Sport Coach – Community Initiation/World Rugby Level 1 Course**
- **NCCP Competition Coach – Competition Introduction/World Rugby Level 2 Course**
- Accreditation as a NCCP Rugby Learning Facilitator
- Completion of rugby NCCP level 1 and/or level 2 certification in the past
- Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Education Safety Guidelines.
- Past experience within the last 3 years as a coach in rugby, having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Education Safety Guidelines.

#### How to access the NCCP Courses for Rugby:

##### **NCCP Community Initiation / World Rugby Level 1**

Register here: <https://coach.rugbycanada.ca/>

Course Info:

<https://coach.rugbycanada.ca/index.php?page=31>

Cost: ~\$150

Contact: Nicole Kovacs [nkovacs@rugbyontario.com](mailto:nkovacs@rugbyontario.com)

This course is designed to enable coaches to acquire basic skills so that players new to the game learn to play safely, with enjoyable competition. It is an 8 hour Trained Only course with no post-course evaluation.

The NCCP Community Initiation (Contact) course aims to develop new coaches on how to coach as well as teach what to coach.

OR

##### **NCCP Rugby Competition Introduction / World Rugby Level 2**

Register here : <https://coach.rugbycanada.ca/>

Course Info:

<https://coach.rugbycanada.ca/index.php?page=31>

Cost: ~\$250

Contact: Nicole Kovacs [nkovacs@rugbyontario.com](mailto:nkovacs@rugbyontario.com)

This course is designed to provide coaches with the skills needed to coach teenage and adult players in a club or school environment. It is extremely important that coaches have an understanding of rugby before taking this course, which is delivered over 18 hours. The course will be delivered through a range of methods and will be highly interactive. Throughout the course, you will be encouraged to practice your coaching skills. The Competition Introduction course aims to develop coaches who know how to coach as well as teach what to coach. The course demonstrates your current level of competence and explores Game Knowledge and Coaching Process Skills.

#### **FUNDING OPPORTUNITIES**

- Grants are available to pay a portion of NCCP courses through the Quest for Gold Coach Bursary program. <https://www.coachesontario.ca/q4g/bursary-program/> or email [q4g@coachesontario.ca](mailto:q4g@coachesontario.ca)
- Host your own course - Apply for Investors Group Coaching Grants to pay for a NCCP workshop at your school or board. <http://www.coach.ca/investors-group-community-coaching-conferences-s12763>

#### **Useful Links:**

Need more information? Email [guidelines@coachesontario.ca](mailto:guidelines@coachesontario.ca) to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Rugby Ontario <https://coach.rugbycanada.ca/>
- Rugby Canada <https://coach.rugbycanada.ca/>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- OFSAA <http://www.ofsaa.on.ca/>
- Coaching Association of Canada <http://coach.ca/>
- Ontario Physical Education Safety Guidelines <http://safety.ophea.net>

