

TRIATHLON – SWIMMING, RUNNING, CYCLING



The Ontario Physical Education Safety Guideline for Triathlon – Swimming/Running/Cycling – Secondary Interschool
<http://safety.ophea.net/safety-plan/165/1417>

Supervision Coaching Qualifications effective September 1, 2016:

At least one triathlon coach must possess **one of the following** coaching qualifications:

- **NCCP Competition Coach – Competition Introduction Course**
- Accreditation as a NCCP Triathlon Learning Facilitator
- Completion of triathlon NCCP level 1 and/or level 2 certification in the past
- Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Education Safety Guidelines.
- Past experience within the last 3 years as a coach in triathlon, having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Education Safety Guidelines.

How to access the NCCP Courses for Triathlon:

NCCP Competition Coach – Competition Introduction Course

Register here:

<http://triathlonontario.com/members/coaches-2/>

Cost: ~\$250-\$300 Contact:

info@triathlonontario.com

Coaches within our Competition – Introduction stream work predominantly with either pre-adolescent and adolescent athletes who are usually part of competitive swim programs or with adult recreational athletes who train on a consistent basis with a triathlon club.

Our Competition – Introduction coach education and training program consists of three parts requiring on average 60 hours to complete. Each part takes place over a weekend and is led by one of our Certified Learning Facilitators.

FUNDING OPPORTUNITIES

- Grants are available to pay a portion of NCCP courses through the Quest for Gold Coach Bursary program.
<https://www.coachesontario.ca/q4g/bursary-program/> or email q4g@coachesontario.ca
- Host your own course - Apply for Investors Group Coaching Grants to pay for a NCCP workshop at your school or board.
<http://www.coach.ca/investors-group-community-coaching-conferences-s12763>

Useful Links:

Need more information? Email guidelines@coachesontario.ca to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Triathlon Ontario <http://triathlonontario.com/members/coaches-2/>
- Triathlon Canada <http://www.triathloncanada.com/en/coaches/>
- Triathlon Course Information <http://www.triathloncanada.com/en/coaches/competition/>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- OFSAA <http://www.ofsaa.on.ca/>
- Coaching Association of Canada <http://coach.ca/>
- Ontario Physical Education Safety Guidelines <http://safety.ophea.net>

